



# Countryside Support & Memory Center

415 S. Crow St., Pierre, South Dakota 57501

Phone: (605) 945-0827

December 2025

## In Life's Changes

Change touches every part of our lives. Some changes feel light and welcome, like the shifting seasons or the quiet turning of the year. Others feel heavy – changes that come with aging, or the challenging shifts that arrive through illness, cancer, or memory loss for someone we love. These moments reshape not only our days, but our hearts.

Yet in every change, God remains our constant. His presence does not waiver and love does not fade. When the world feels unsteady beneath our feet, He becomes our firm foundation. When our hearts grow weary, He offers rest. When we face what feels too big to carry, He walks beside us, lifting what we cannot.

Change asks us to learn patience, to grow in grace, and though the path may have some twists and turns, we can embrace the lessons hidden in new seasons and offer gentle strength when walking with others through their own valleys. Through every transition—both the tender and the difficult—our faith becomes the rudder that guides us, the anchor that steadies us, and the hope that leads us forward.

This Christmas season of giving and receiving let us reach out to those in need, uplift one another, cherish the people around us and celebrate the joy that comes from creating a more caring world.

*Merry Christmas and a Happy New Year from Countryside.*

## Tree of Lights

The Tree of Lights glows with quiet radiance at the Thrift Store, its branches adorned with beautifully colored ornaments—each one representing a cherished family member or dear friend. Some of these names are newly entrusted to our care; others have graced the Countryside Tree of Lights for nearly three decades. Together, they stand as a poignant reminder that those we have lost are never truly gone. Their presence endures in our memories and continues to illuminate each day, and every holiday season, with love and remembrance.

As we pause before this tree, we are reminded not only of individual lives but of the enduring ties that bind us as a community. Each ornament reflects a story, a legacy, and a love that reaches beyond time. In this season of reflection and gratitude, the Tree of Lights invites us to honor the past, cherish the present, and hold close the people whose spirits continue to shine within our hearts.



**Community programs – All groups will meet in the Countryside Community Room - 415 S. Crow Street**

Parkinson's Support Group First Wednesday of each month, at noon. Visit with others who have a Parkinson's diagnosis. Topics include medications, exercise, safety issues and day-to-day challenges. Family members are also welcome.

Memory Connection Third Thursday of each month, at 6:00 p.m. Discussion group for family members and friends caring for a loved one with dementia. An opportunity to off support and share information.

OMA – Thursdays 10:30 -11:30\_

Opening Minds through Art (OMA) is a program that matches individuals who have memory loss with a volunteer, together they create art. For more information and/or to volunteer, call Cindy at 945-0827.

**Call 605-945-0827 for more information about our support groups.**

Website

[www.countrysidesupport.com](http://www.countrysidesupport.com)

Facebook

[Countryside Support – Pierre, SD](#)

Instagram

[countryside\\_support\\_pierre](#)



**Christmas at the Capital – OMA**

As you enjoy the Christmas tree displays – Songs of the Season at the SD State Capitol this holiday season, be sure to stop by the **OMA – Opening Minds through Art** tree.

It is decorated with original artwork created by our artists who live with memory loss and come to OMA each week to paint and sing.

“You Are My Sunshine” echoes through the art room each week, where artists are free to create, relax, and express themselves.



**IN HONOR/MEMORY OF...**

In Honor of  
Countrysides Wonderful Volunteers  
who celebrated their  
90<sup>th</sup> Birthdays in 2025

**Doris Powell**  
**Marilyn Penrod**  
**Mavis Davis**  
**Betty Jones**

Thank you for the kindness, dedication,  
and wisdom you bring to the Thrift  
Store each day, you inspire all of us.

In Memory of  
**My Jack**  
and  
**Our Precious Daughter**  
**In-Law Courtney Paige**  
Especially throughout  
our  
Christmas season  
Marcy Fifield



In Honor of  
**Countryside Support**  
Thank you all for the funds you  
provided to our daughter & others  
through Pennies for Robert, for the  
many cancer treatment trips. And  
Thank You All Caregivers for the care &  
kindness you have given to many in our  
community.

God Bless you all!  
Merry Christmas  
Roger & Marla Fuller