

Definitions

There are many different types of dementia. You or your loved one's treatment will depend on the type you or they have.

How many types of dementia are there?

Dementia itself isn't a disease. It's an umbrella term used to describe symptoms that can be caused by many brain conditions.

All types of dementia fall into one of three groups:

Primary Dementia- this means dementia is your main condition.

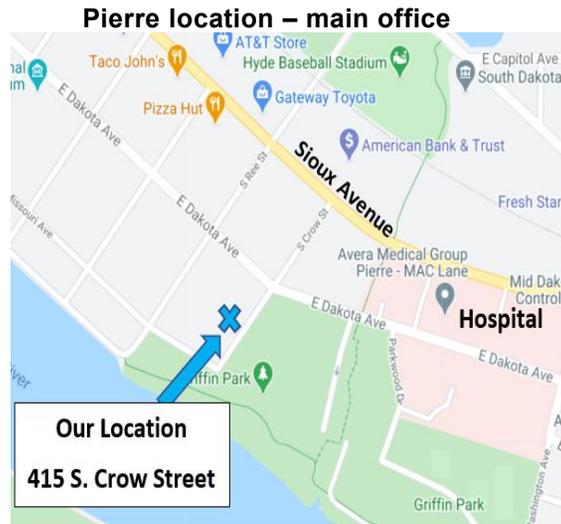
Secondary dementia- if you have this type, doctors believe your dementia is caused by another health condition, for example a stroke.

Reversible dementia- it's also possible to have a short-term dementia-like symptoms due to a health issue, such as a lack of vitamins. Once the cause is treated, your symptoms can improve.

The most well-known type of Dementia:

Alzheimer's disease- this is what you might think of when you hear "dementia." It's the most common type and around the world, as many as 70% of people with dementia have Alzheimer's.

Cognition evaluation – Several different tests are used to get an accurate picture of how well your brain is functioning. These tests measure your language skills, ability to remember and follow simple requests. All testing is done in a quiet, comfortable setting and all information is confidential.



Memory Connection

A support group for family and friends
discussion - resources - speakers

Third Thursday of the month – 6pm
415 S. Crow Street - Pierre

Countryside community room
For more information call 605-945-0827

OMA

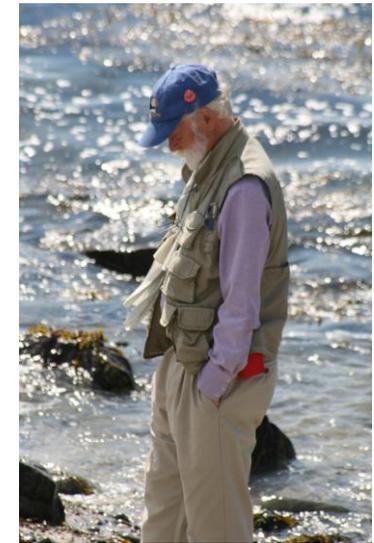
Opening Minds Through Art

OMA is a free, award winning, evidence-based program where individuals with memory loss work side by side with a volunteer to create abstract artwork. If you'd like to register a loved one, need more information, or are interested in becoming a volunteer call 605-945-0827.

Countryside Memory Center

Concerned about
your memory?

Countryside provides free
screening, education, and
support



Countryside Support & Memory Center
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Pierre SD 57501

Phone (605) 945-0827
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WWW.COUNTRYSIDESUPPORT.COM

The Memory Center

Did you know that memory loss may be related to grief, depression, medications, trauma, stroke, stress, sleep deprivation, hearing and/or medical conditions?

Early testing may help identify issues that can be corrected and improve cognitive processes.

But for some, the symptoms of memory loss may be the beginning of a long and difficult journey.

Countryside Memory Center provides an opportunity for early memory loss screening. Our team will complete an extensive history and conduct a series of cognitive tests.

These results will be reviewed by Countryside's medical consultant and forwarded to your primary care provider, who will follow up with you regarding your care.

Repeat screenings may be scheduled to monitor any changes in cognition and provide resource information.

There is no charge for this screening.

This program is made possible through donations to
Countryside Support & Memory Center.

Thank you!

What is the process?

Simply call 605-945-0827 for an appointment. This call can be made by your physician, you, or a family member. A physician referral is not required.

Prior to the first appointment, a phone interview will be conducted to determine which testing would be helpful and to gather medical and family information.

You will then receive a packet in the mail prior to your appointment detailing the first visit.

A family member or close friend should accompany you on your visit. Others can often provide valuable insights from observing aspects of your memory loss that you may not recognize. They can also help provide information regarding the family's history.

What about my primary care provider?

The Memory Center is not meant to replace your primary care provider. Our consulting physician reviews your results and makes recommendations – this information is then sent to your primary care provider. There they will provide the diagnosis and treatment plan.

Countryside also offers follow up visits, support for family members, and resource information.

Progressive memory loss is not normal for any age and is reason for concern.

As memory loss becomes more severe, other changes may occur including:

- Personality changes, depressed mood, or inappropriate behavior
- Confusion, irritability, restlessness
- Agitation and paranoia
- Poor judgment
- Decreased concentration
- Speech problems
- Disorientation

A complete and honest history helps provide an accurate diagnosis.